



TRANSITION - SUMMER 2020

Student Activity Booklet

Currently, schools are closed to many pupils and you have not been able to visit Crofton Academy. This is to keep you, and the teachers, safe. The staff at Crofton Academy will still be able to answer emails however, and it is okay to ask an adult at home to email the school to ask for information to help you learn more about the school.

This Transition Booklet contains many ideas and activities for you to prepare for your transition from Primary to Secondary school.

It may be completed in any order but we would like you to bring it with you when you arrive on your first day.



Moving on to Secondary School Year 6-7 Transition book for

Name:

I will be leaving...

On...

I will be starting...

On...

This is a picture of me... [draw a picture or put a photograph of yourself here]

My school Timeline

Age 1 2 3 4 5 6 7 8 9 10 11

| | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | | | |
|--|--|--|--|--|--|--|--|--|--|--|

Date of birth

Start
Primary
School

Going to
Secondary
School

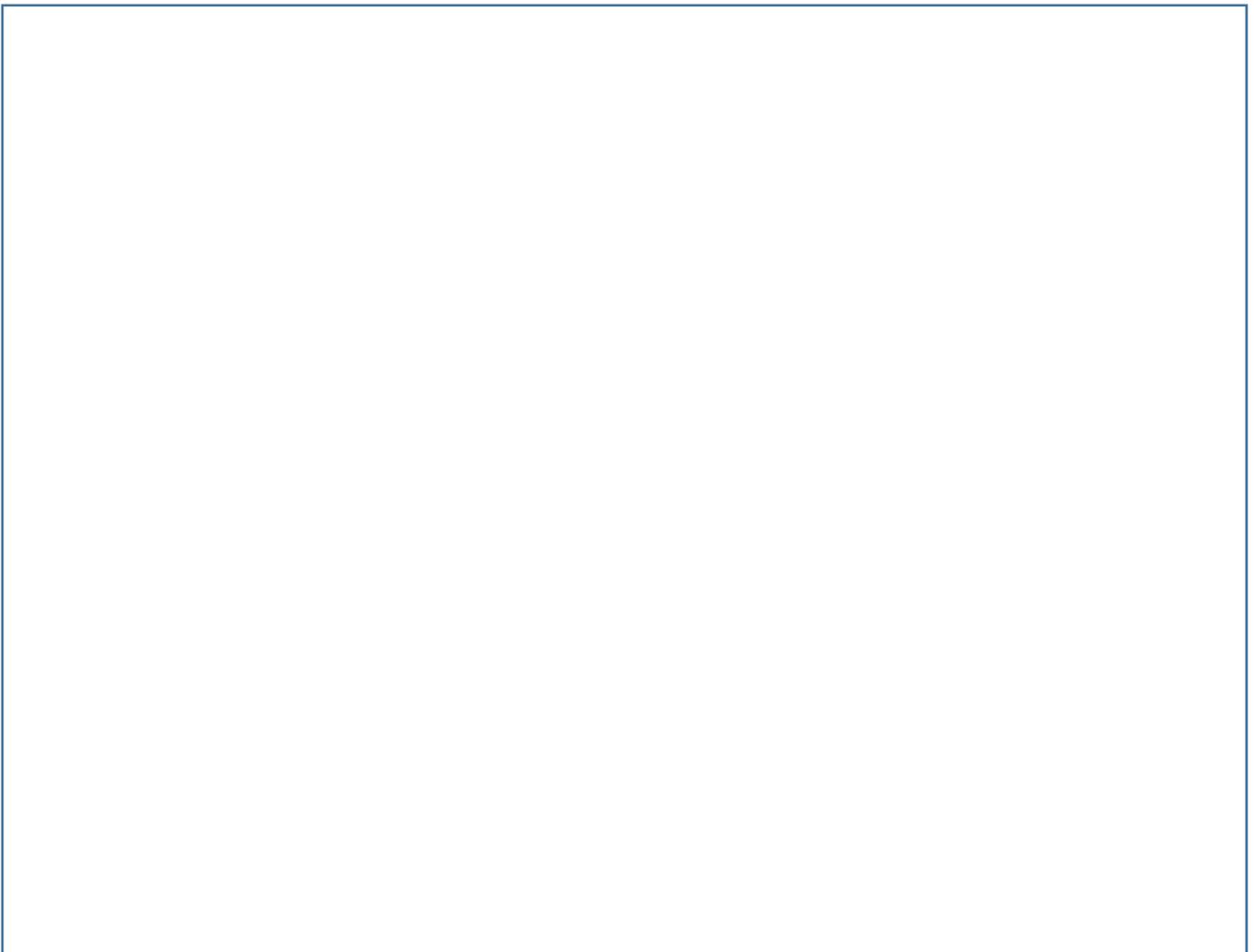


My new school

Whilst we are in lockdown and schools are closed, it has not been possible to visit Crofton Academy lots of times before September. This might be something that worries you, or you may not mind it.

To get to know what Crofton Academy looks like, you can go on the school website to find some pictures of the building and outside areas as well as virtual video tour.

You can copy and paste, or cut and glue, some of these pictures here:



School Uniform

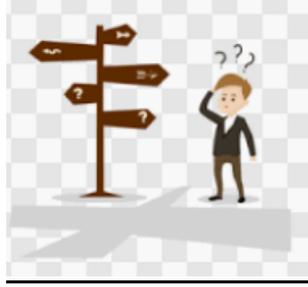
Go onto the website of Crofton Academy and see if there is some information about our school uniform.

This is what my school uniform will be when I go to Secondary School:

If I have any worries about my new school uniform then I can talk about it with my family or an adult in Primary School.



Finding my way around



Go onto the Crofton Academy website and see if there is a map of your new school.

Photocopy or insert a map of the school and put it on this page:

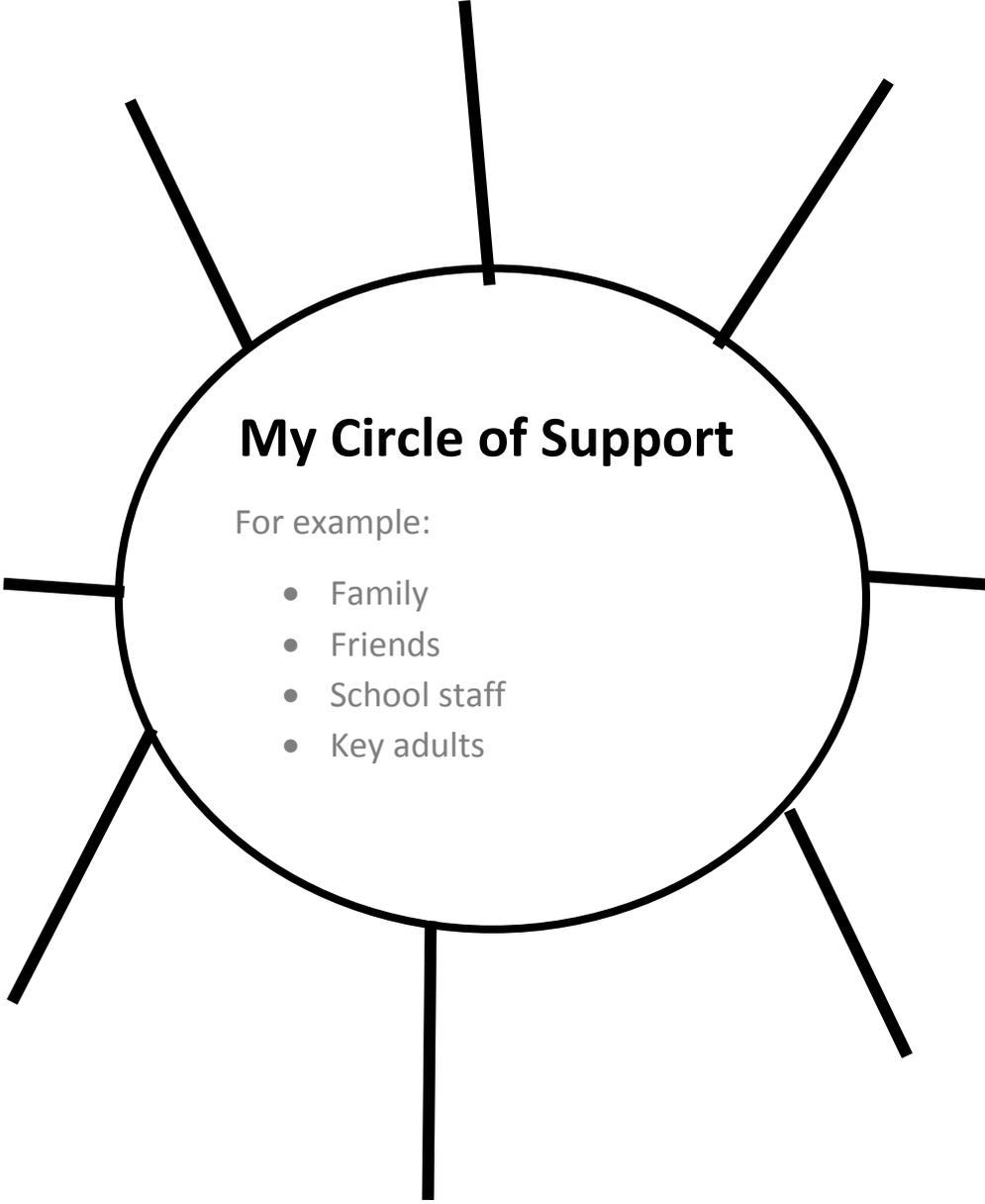
Choose different colours and circle:

| Place in School | Colour on map |
|---|---------------|
| The door I will use to come in | |
| Toilets | |
| Dinner Hall | |
| Main Office | |
| Head of Year 7 Office | |
| Other rooms where I have my lessons | |
| Add anything else that is important to you..... | |

Important People in Secondary School

| | |
|---|---|
| My Headteacher | My Year Leader |
| Mr Walker | Mr MacDonald |
| The School Receptionist | Pastoral Mentors |
| Mrs Crookes | Mrs McAdam, Mrs Hughes, Mrs Taylor, Mrs Ford, Miss Williams, Miss Hill |
| SENDCo | Designated Safeguarding Lead |
| Mrs Elliott | Miss Rowe |
| Other people who are important to me | Other people who are important to me |
| | |

| |
|--|
| <p>My safe place to go in Secondary School will be:</p> |
|--|





My Daily Checklist for Secondary School

| Day | What I need to take to school | Where I keep it (e.g. in bag) |
|-----------|-------------------------------|----------------------------------|
| Monday | | |
| Tuesday | | |
| Wednesday | | |
| Thursday | | |
| Friday | | |
| Everyday | E.g. Pencil Case, Lunch, | |

Transition Passport



This is your Passport between Year 6 and Year 7

It tells school about all the things I am good at and some things I might need help with.....

My full name is:

Please call me:

Primary School:

Important people at home:

Important people at Primary School:

Important people at Secondary School:

I am really good at:

I really enjoy:

I don't like:

I find it hard to....

- Make friends?
- Remember things?
- Get up in the morning?

Things that help me if I'm upset

Things that I worry about

How to help me at break time

How to help me at lunch time

How to help me around the building

**Anything else you should know about me –
including any awesome facts or ideas!**

Feeling Nervous about Secondary School

Most children in Year Six can be nervous about Secondary School. Circle anything that might make you nervous or write your own question down. Then talk through the 'nerves buster' for each particular question with someone at home who knows you well.

What if I forget my PE kit?

What if I get bullied?

What if I lose my dinner money?

What if I need a drink?

What if the dinner hall is too noisy?

What if I haven't got the right things for my lesson?

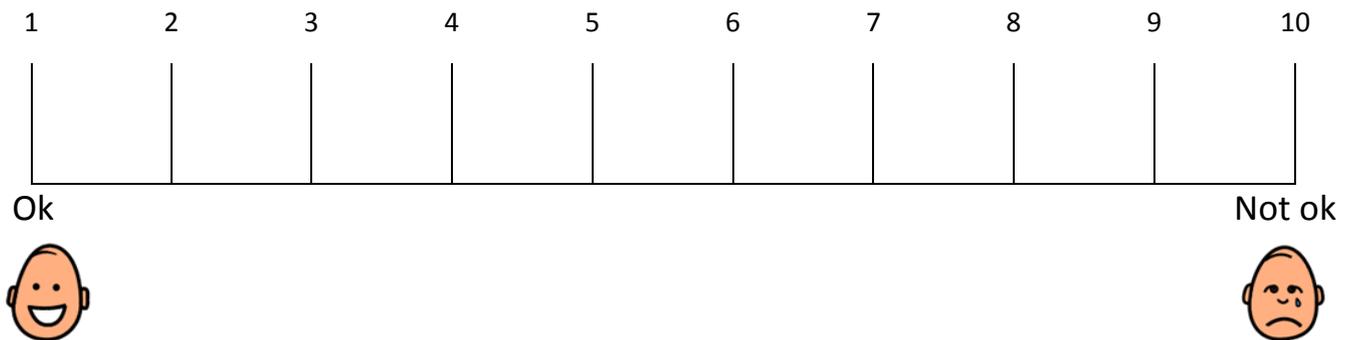
What if I'm late for registration?

Write down anything else you might be nervous about...

The 'nerves buster'

What am I nervous about?

How big is it on a scale of 1 to 10? (Circle the number you think it is on the diagram above)



Will getting help from someone in your school help to make your worry smaller? Yes / No

Who is the person who can help?

Will getting help from someone at home help to make the worry smaller? Yes / No

With help from someone who knows you well, think of 3 other things that will make your worry smaller

1)

2)

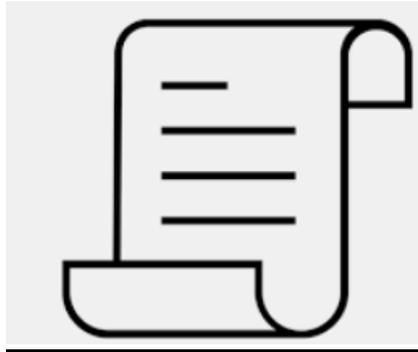
3)

Getting ready for secondary school

- You will be thinking about your new school
- You may be worried
- Please answer the following questions by ringing the number which shows how you feel.
- Putting a circle round Number **1** means you are not worried at all. Number **4** means you are very worried.
- _____ will help you fill in this form.

| | | | | |
|---------------------------------------|----------|----------|----------|----------|
| 1. Being bullied | 1 | 2 | 3 | 4 |
| 2. Getting lost | 1 | 2 | 3 | 4 |
| 3. Making friends | 1 | 2 | 3 | 4 |
| 4. Getting detention or 'punishments' | 1 | 2 | 3 | 4 |
| 5. Having a lot of different teachers | 1 | 2 | 3 | 4 |
| 6. Finding classwork too difficult | 1 | 2 | 3 | 4 |
| 7. Homework. | 1 | 2 | 3 | 4 |
| 8. Doing PE | 1 | 2 | 3 | 4 |
| 9. Changing and showering | 1 | 2 | 3 | 4 |
| 10. Being late for school | 1 | 2 | 3 | 4 |
| 11. Being late for lessons | 1 | 2 | 3 | 4 |
| 12. Having your money stolen | 1 | 2 | 3 | 4 |
| 13. Having other property stolen | 1 | 2 | 3 | 4 |
| 14. Break time / lunchtime | 1 | 2 | 3 | 4 |
| 15. Doing tests and exams | 1 | 2 | 3 | 4 |
| 16. Forgetting books or equipment | 1 | 2 | 3 | 4 |

School Rules



At Crofton Academy there are a large number of pupils and staff.

When a lot of people have to work together in the same group of buildings, there have to be rules.

If there were no rules people would not be able to get any work done. The school staff would not be able to do their jobs. The children would not be able to learn.

You will have a list of the rules when you get your school planner and the teachers will talk to the class about them.

If you break the rules there will be negative consequence. Sometimes this means that your parents will be informed about it.

Some school rules are not written down like the ones in the list below. Look at these rules with someone who knows you.

1. If you are lost, frightened or worried any adult in the school will help you. It is okay to ask for help if you are feeling worried about something.
2. Try hard to be polite to **everyone** at school, both staff and students.
3. Put your hand up if you want to talk to the teacher in the class.
4. Don't run in the corridors and try to stay to the left hand side.
5. If there are a lot of people in the corridors or on the stairs, try to keep moving. If you stop you might cause a blockage.

What is bullying?

Bullying is when a child deliberately does something to another child which they know will upset them.

Underline or highlight things in this list which are done deliberately to upset someone.

- Taking someone's money and not giving it back.
- Accidentally bumping in to someone in the corridor.
- Telling other children that someone fancies someone else.
- Hitting, kicking, nipping or scratching.
- Verbal abuse about someone's appearance, race, sexuality or disability.
- Disagreeing about someone's taste in music or favourite TV programmes.
- Having a different opinion from someone else.
- Making someone do something which breaks the school rules.



Bullying

1. Bullying is against school rules.
2. Teachers hate bullying and work hard to stop it.
3. Most people in year 6 are worried about bullying in Secondary School. But it doesn't happen very often.
4. If you are not sure if you are being bullied or not, ask a member of staff or someone in your family to help you.





Making Friends

Moving to a new school is a good time to make new friends. Some people are good at this, other people find it much harder. Remember, **EVERYONE** at a new school is feeling nervous.

Here are some top tips for making new friends. With someone who knows you well, practise these friendship skills.

1. Smiling and saying hello.
2. Telling them your name and asking what they are called.
3. Asking what primary school they were in before and telling them the name of yours.
4. Asking them what their interests are.
5. Telling them about your interests.
6. Try to find something you are both interested in – like computer games.
7. Ask them about their families, and tell them about yours.



Questions I want to ask my new Secondary School

| My Question | Who I can ask | Answer |
|-------------|---------------|--------|
| | | |
| | | |
| | | |
| | | |

Things to think about:

- What happens at lunchtime
- Detentions
- After-school clubs
- Homework
- Timings of the school day



Before coming to school in September you will find it useful to work your way through the following checklist:

| Task | Completed |
|---|-----------|
| Look at the <u>Year 6 Transition</u> page of the Crofton Academy website: https://www.croftonacademy.org.uk | |
| Familiarise yourself with the school map | |
| Practise packing and unpacking your school bag | |
| Practise packing and unpacking your PE bag | |
| Practise putting on your school uniform | |
| Practise changing from your school uniform into your PE kit and then back again – do this many times and see if you can beat your time | |
| Practise packing your pencil case | |
| Practise your route to school | |

We look forward to meeting you. Take care. Stay safe. Enjoy the summer.